

**Adult EEG (Electroencephalogram) tests
in the Clinical Neurophysiology Department**

Clinical Neurophysiology

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PLEASE READ THIS LEAFLET CAREFULLY

It explains your test and contains important information

A doctor has requested that we perform an EEG test to record your 'brain waves'. The examination is **completely painless** and will provide useful information for the doctor.

What does the test involve?

The examination involves placing small sensors on your head using a small amount of gel. The sensors detect your brain waves while you lie quietly on a bed. You may also be asked to breathe deeply and to look at a bright flashing light.

Please allow approximately 1 hour for the appointment. Owing to the duration of the appointment and there being other clinics operating in the department **we request that you are not accompanied by small children.**

Preparation - what you need to do

- **Please make sure your hair is clean and dry for the test. Please do not apply any hair preparations such as gel, mousse or hair spray.**
- Please make sure that you **have something to eat** approximately 45 minutes before your test. This is important as it may affect the results.
- Please **bring with you any inhalers** you use and a **list of any other medication** you are taking. You should continue to take your medication as usual unless instructed not to by your doctor.

After the test

At the end of the test the gel will be removed. No test results are available on completion of the test so you will be free to leave. The test results will be analysed by the Consultant Neurophysiologist who will send a report on the test results to the doctor/consultant who referred you for the test.

The appointment

Please make special note of the appointment date particularly if the appointment is some weeks away. Please let us know if the appointment coincides with another outpatient appointment or you are unable to attend. We can reschedule your test for another time and give the present slot to another patient. This will help to reduce our waiting lists and operating costs.

Further information

We look forward to seeing you in the department. If you have any questions or worries please feel free to contact us in advance of your visit on **01522 572379**. If we are unavailable please leave a message and we will get back to you ASAP.

Please be aware that it is difficult to find a parking space near the Maternity building and you are advised to allow extra time. If you arrive late for your appointment it may not be possible to see you on this occasion.

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please e-mail the Patient Information team at patient.information@ulh.nhs.uk